

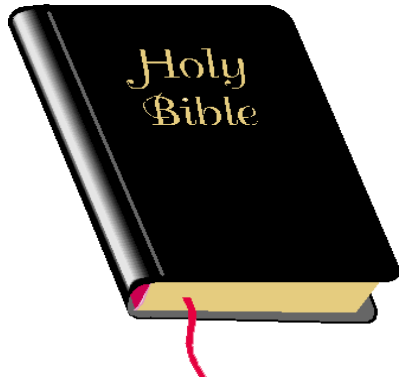
# This Week at Mountain Creek!

September 9th - September 15th

We will never forget

## Sunday, September 9

6:00 Sunday  
Devotional  
THE



## Monday, September 10

9:30 Seniorcize - DR  
9:30 Summit - FL  
2:00 Shuffleboard - 2nd  
6:00 42 Club - BR  
6:30 Table games-QR3

## Tuesday, September 11

9:30 DVD Exercise - FC  
9:30 Communion & Rosary - CH  
10:00 Cutzie - FL Vendor  
1:30 Bridge Club - BR  
2:00 Quarter Bingo - MPR  
6:00 42 Club - BR  
6:30 Table Games - QR3



## Wednesday, September 12

9:30 Seniorcize - DR  
9:30 Kroger & Summit - FL  
10:00 Lillian & Stella  
1:00 Bible Study w/ Mary Ellen  
2:00 Shuffleboard - 2nd  
2:00 Skip-Bo - QR3  
2:00 Walmart - FL  
6:00 42 Club - BR  
6:30 Table games - QR3

## Thursday, September 13

9:30 DVD Exercise - FC  
10:15 Tai Chi  
10:30 Lift  
2:00 Prize Bingo - MPR  
6:00 42 Club - BR  
6:00 Wii Bowling - 2ND

## Friday, September 14

9:30 Seniorcize - DR  
9:30 Summit - FL  
10:00 Cornerstone  
2:00 Shuffleboard Practice  
5:30 Movie Night - Wonder  
6:00 42 Club - BR  
6:30 Table Games - QR3

## Saturday, September 15

2:00 Quarter Bingo - MPR  
3:00 Paul Baskin- MPR  
6:30 Table Games - QR3

	Trip
	Community event
	Vendor
	Religious
	Fitness



# This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY**

**ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD**

## THIS WEEK'S SPECIALS

SUNDAY, September 9				
<b>BREAKFAST:</b> Bacon Oatmeal  Pancakes	<b>LUNCH:</b> Cranberry Pork Loin Chicken Fried Chicken  Mashed Potatoes, Gravy, Green Beans, Baby Carrots Roll	<b>SOUP OF THE DAY</b>  Chef's Choice	<b>SUPPER:</b> Supreme, Pepperoni & Cheese Pizza Grilled Cheese w/ Cup of Fresh Fruit	<b>DESSERT:</b>  Cheesecake w/ Caramel Sauce
MONDAY, September 10				
<b>BREAKFAST:</b> Sausage Cream of Wheat  Blueberry Muffins	<b>LUNCH:</b> Lemon Butter Tilapia Swiss Steak  Roasted New Potatoes, Peas & Carrots Bread	<b>SOUP OF THE DAY</b>  Italian Wedding	<b>SUPPER:</b> Grilled Reuben Sandwich w/ Chips Chicken Primavera Casserole w/ Bread Stick	<b>DESSERT:</b>  Apple Crisp
TUESDAY, September 11				
<b>BREAKFAST:</b> Bacon Grits  Biscuits & Sausage Gravy	<b>LUNCH:</b> Salmon Croquets Smothered Pork Chops  Fried Potatoes w/ Onions & Peppers, Sautéed Spinach Cornbread	<b>SOUP OF THE DAY</b>  Beef Taco	<b>SUPPER:</b> Chicken Pot Pie Biscuit Casserole  Grilled Patty Melt Sandwich w/ Fries	<b>DESSERT:</b>  Strawberry Dump Cake
WEDNESDAY, September 12				
<b>BREAKFAST:</b> Sausage Oatmeal  French Toast	<b>LUNCH:</b> Beef Stroganoff over Egg Noodles Chicken Piccata Baked Potato, Sugar Snap Peas, Carrots Roll	<b>SOUP OF THE DAY</b>  Broccoli & Cheese	<b>SUPPER:</b> Nacho Supreme w/ Fixings  Tuna Salad Sandwich w/ Fried Green Beans	<b>DESSERT:</b>  Assorted Desserts
THURSDAY, September 13				
<b>BREAKFAST:</b> Bacon Grits  Breakfast Burritos	<b>LUNCH:</b> Turkey & Dressing Ham Mashed Potatoes, Green Bean Casserole, Yams, Cranberry Sauce Roll	<b>SOUP OF THE DAY</b>  Tomato Basil	<b>SUPPER:</b> Blueberry Pancakes w/ Toppings  Steak Fingers Basket w/ Fries & Gravy	<b>DESSERT:</b>  Peanut Butter Pie
FRIDAY, September 14				
<b>BREAKFAST:</b> Sausage Cream of Wheat  Breakfast Jacks	<b>LUNCH:</b> Fried or Baked Catfish or Philly Steak Sandwich  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies Cornbread	<b>SOUP OF THE DAY</b>  Split Pea & Ham	<b>SUPPER:</b> Hard Shell Beef Tacos w/ Fixings & Spanish Rice  Turkey & Cheese Grilled on Croissant Sandwich w/ Fritos	<b>DESSERT :</b>  Texas Chocolate Cake
SATURDAY, September 15				
<b>BREAKFAST:</b> Bacon Oatmeal  Cinnamon Rolls	<b>LUNCH:</b> Fried Chicken & Gravy Meatloaf  Scalloped Potatoes, Sweet Peas, Fried Okra Roll	<b>SOUP OF THE DAY</b>  Baked Potato	<b>SUPPER:</b> Corn Dogs w/ Cup of Fresh Fruit  BBQ Beef Sandwich w/ Onion Rings	<b>DESSERT:</b>  Gingerbread