

This Week at Mountain Creek!

September 02 - September 08

Sunday, September 2

6:00 Sunday
Devotional THE



Monday, September 3

9:30 Seniorcize - DR
9:30 Summit - FL
10:00 Homemade Jewelry -FL
2:00 Shuffleboard - 2nd
6:00 42 Club - BR
6:30 Table games-QR3

Tuesday, September 4

9:30 DVD Exercise - FC
9:30 Communion & Rosary - CH
1:30 Bridge Club - BR
2:00 Quarter Bingo - MPR
4:30 Dine - Out J Dragons
Chinese
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday, September 5

9:30 Seniorcize - DR
9:30 Kroger & Summit - FL
10:00 Heart Of Arpsy
Lip Sense
1:00 Bible Study w/ Mary Ellen
2:00 Shuffleboard - 2nd
2:00 Skip-Bo - QR3
2:00 Walmart - FL
6:00 42 Club - BR

Thursday, September 6

9:30 DVD Exercise - FC
10:15 Tai Chi
2:00 Prize Bingo - MPR
3:00 Veteran Meeting - THE
6:00 42 Club - BR
6:00 Wii Bowling - 2ND

Friday, September 7

9:30 Seniorcize - DR
9:30 Summit - FL
10:00 Vendor - TJ Creations
2:00 Shuffleboard Practice
5:30 Movie Night - Wonder
6:00 42 Club - BR
6:30 Table Games - QR3

Saturday, September 8

2:00 Quarter Bingo - MPR
6:30 Table Games - QR3

	Trip
	Community event
	Vendor
	Religious
	Fitness
	Health



This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD
THIS WEEK'S SPECIALS

SUNDAY, September 2

BREAKFAST: Bacon Oatmeal Pancakes	LUNCH: Cornish Hens w/ Cornbread Dressing Rosemary Pork Loin Mashed Potatoes, Green Beans, Baby Carrots & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Egg Salad Sandwich w/ Chips Beef Goulash w/ Bread Stick	DESSERT: Coconut Pie
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MONDAY, September 3

BREAKFAST: Sausage Cream of Wheat Blueberry Muffins	LUNCH: Hamburger w/ Fixings Chicken Fried Chicken French Fries, Macaroni & Cheese, Coleslaw & Roll	SOUP OF THE DAY Chili	SUPPER: Grilled Chicken Salad Sandwich on Texas Toast Hot Dogs w/ Fixings & Chips	DESSERT: Fresh Watermelon
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TUESDAY, September 4

BREAKFAST: Bacon Grits Biscuits & Sausage Gravy	LUNCH: Beef Stew Chicken Marsala Baked Potato, Grilled Brussel Sprouts, Beets & Cornbread Muffins	SOUP OF THE DAY Chicken Tortilla	SUPPER: Hawaiian Chicken, Rice & Egg Roll Grilled Peanut Butter & Jelly Sandwich w/ Fritos	DESSERT: Strawberry Shortcake
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WEDNESDAY, September 5

BREAKFAST: Sausage Oatmeal French Toast	LUNCH: Chicken Kabobs Beef Kabobs Wild Rice, Baked Tomato, Asparagus & Bread	SOUP OF THE DAY Cream of Mushrooms	SUPPER: Breakfast Jacks w/ Tater Tots Egg Plant Casserole w/ Garlic Bread	DESSERT: Chocolate Pudding
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THURSDAY, September 6

BREAKFAST: Bacon Grits Breakfast Burritos	LUNCH: Beef Brisket BBQ Chicken Mashed Potatoes, Corn on the Cob, Baked Beans & Roll	SOUP OF THE DAY Vegetable	SUPPER: Monte Cristo Sandwich w/ Sweet Potato Fries Soft Tacos w/ Fixings & Charro Beans	DESSERT : Banana Fosters w/ Vanilla Ice Cream
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FRIDAY, September 7

BREAKFAST: Sausage Cream of Wheat Breakfast Jacks	LUNCH Fried or Baked Catfish or Taco Salad w/ Fixings Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY French Onion	SUPPER: BLT Sandwich w/ Chips Frito Pie w/ Fixings	DESSERT : Apple Turnovers
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SATURDAY, September 8

BREAKFAST: Bacon Oatmeal Cinnamon Rolls	LUNCH: Sweet & Sour Chicken Salmon w/ Dill Sauce Steamed Rice, Broccoli, Zucchini & Bavarian Bread	SOUP OF THE DAY Chicken Noodles	SUPPER: Roast Beef Au Jus Sandwich w/ Fries Chicken Strip Basket w/ Gravy & Coleslaw	DESSERT: Homemade Cherry Pie
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