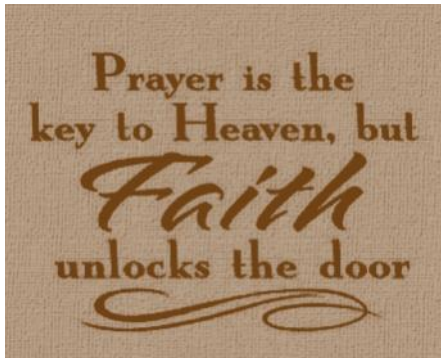


# This Week at Mountain Creek!

August 19 - August 25, 2018

## Sunday, August 19

6:00 Sunday  
Devotional  
THE



## Monday, August 20

9:00 Dr. Solano - QR3  
9:30 Seniorcize - DR  
9:30 Summit - FL  
2:00 Shuffleboard - 2nd  
6:00 42 Club - BR  
6:30 Table games-QR3

## Tuesday, August 21

9:30 DVD Exercise - FC  
9:30 Communion & Rosary - CH  
10:00 Health Talk: Medical Tips  
1:30 Bridge Club - BR  
2:00 Quarter Bingo - MPR  
3:00 Jeanine B: Entertainer - FL  
4:30 Dine Out @ Mama's Daughters' Diner  
6:00 42 Club - BR  
6:30 Table Games - QR3

## Wednesday, August 22

9:30 Seniorcize - DR  
9:30 Kroger & Summit - FL  
10:00 Linda's Little Stitches - FL  
1:00 Bible Study w/ Mary Ellen  
2:00 Shuffleboard - 2nd  
2:00 Skip-Bo - QR3  
2:00 Walmart - FL  
6:00 42 Club - BR  
6:30 Table games - QR3

## Thursday, August 23

9:30 DVD Exercise - FC  
10:15 Tai Chi  
2:00 Prize Bingo - MPR  
6:00 42 Club - BR  
6:00 Wii Bowling - 2ND  
6:30 Table Games - QR3

## Friday, August 24

9:30 Seniorcize - DR  
9:30 Summit - FL  
2:00 Shuffleboard Practice  
5:30 Movie Night:  
**Far From Heaven - THE**  
6:00 42 Club - BR  
6:30 Table Games - QR3

## Saturday, August 25

1:45 Quarter Bingo - MPR  
6:30 Table Games - QR3

	Trip
	Community event
	Vendor
	Religious
	Fitness
	Health



# This Week's Menu at Mountain Creek

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY**

**ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD**

## THIS WEEK'S SPECIALS

SUNDAY, August 19

<b>BREAKFAST:</b> Bacon Oatmeal  Pancakes	<b>LUNCH:</b> Turkey & Dressing Honey Glazed Ham  Mashed Potatoes & Gravy, Yams, Green Bean Casserole, Cranberry Sauce & Roll	<b>SOUP OF THE DAY</b>  Chef's Choice	<b>SUPPER:</b> Pepperoni, Supreme or Cheese Pizza  California Croissant Sandwich w/ Chips	<b>DESSERT:</b>   Pumpkin Pie
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MONDAY, August 20

<b>BREAKFAST:</b> Sausage Cream of Wheat  Orange Blossom Muffins	<b>LUNCH:</b> Chicken Fried Chicken Meatloaf  Scalloped Potatoes, Buttered Corn, Sugar Snap Peas & Bread	<b>SOUP OF THE DAY</b>  Chicken & Dumplings	<b>SUPPER:</b> Dorito Chicken Casserole  Cucumber, Avocado & Turkey Sandwich w/ Fries	<b>DESSERT:</b>   Blueberry Cobbler
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TUESDAY, August 21

<b>BREAKFAST:</b> Bacon Grits  Biscuits & Sausage Gravy	<b>LUNCH:</b> Pot Roast w/ Carrots & Potatoes Chicken Fajitas  Spanish Rice, Charro Beans, Sautéed, Spinach, Pico de Gallo & Tortilla	<b>SOUP OF THE DAY</b>  French Onion	<b>SUPPER:</b> Pepper Steak w/ Steamed Rice  Monte Cristo Sandwich w/ Fried Onion Rings	<b>DESSERT:</b>   Ice Cream Mexican Nachos
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WEDNESDAY, August 22

<b>BREAKFAST:</b> Sausage Oatmeal  French Toast	<b>LUNCH:</b> Spaghetti w/ Meat Sauce Brown Sugar Glazed Pork Loin  Roasted New Potatoes, Broccoli & Garlic Bread	<b>SOUP OF THE DAY</b>  Ham & Pea	<b>SUPPER:</b> Chicken Strips Basket w/ Fries & Gravy  Ham & Cheese Sandwich w/ Lettuce & Tomato & Chips	<b>DESSERT:</b>   Chocolate Pie
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THURSDAY, August 23

<b>BREAKFAST:</b> Bacon Grits  Breakfast Burritos	<b>LUNCH:</b> Chicken & Dumplings Grilled Pork Chops  Baked Sweet Potato, Brussel Sprouts, Beets & Cornbread Muffins	<b>SOUP OF THE DAY</b>  Vegetable	<b>SUPPER:</b> Scramble Eggs, Sausage & Hash Brown w/ Toast  Taco Salad w/ Fixings	<b>DESSERT:</b>   Banana Pudding
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FRIDAY, August 24

<b>BREAKFAST:</b> Sausage Cream of Wheat  Breakfast Jacks	<b>LUNCH:</b> Fried or Baked Catfish or Cheeseburger w/ Fixings  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<b>SOUP OF THE DAY</b>  Cowboy	<b>SUPPER:</b> Pancakes w/ Toppings  Cheesesteak Casserole w/ Green Beans	<b>DESSERT:</b>   Bread Pudding w/ Lemon Sauce
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SATURDAY, August 25

<b>BREAKFAST:</b> Bacon Oatmeal  Cinnamon Rolls	<b>LUNCH:</b> Chicken Santa Fe Beef Lasagna  Baked Potato, Vegetable Medley, Green Peas & Garlic Bread	<b>SOUP OF THE DAY</b>  Creamy Corn Chowder	<b>SUPPER:</b> Steak Fingers Basket  Sweet & Sour Meatballs w/ Steamed Rice	<b>DESSERT:</b>   German Chocolate Pie
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