



This Week at Mountain Creek!

July 29 - August 4, 2018



Sunday, July 29

6:00 Sunday Devotional
THE



Monday, July 30

9:30 Seniorcize - DR
9:30 Summit - FL
10:00 FYI Clothing
2:00 Shuffleboard - 2nd
6:00 42 Club - BR
6:30 Table games-QR3

Tuesday, July 31

9:30 DVD Exercise - FC
9:30 Communion & Rosary - CH
11:30 Birthday Party - DR
1:30 Bridge Club - BR
2:00 Quarter Bingo - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Wednesday, August 1

9:30 Seniorcize - DR
9:30 Kroger & Summit - FL
10:00 - Sissy's Creations - FL
1:00 Bible Study w/ Mary Ellen
2:00 Shuffleboard - 2nd
2:00 Skip-Bo - QR3
2:00 Walmart - FL
6:00 42 Club - BR
6:30 Table games - QR3

Thursday, August 2

9:30 DVD Exercise - FC
10:15 Tai Chi
2:00 Legion of Mary - CH
2:00 Prize Bingo - MPR
6:00 42 Club - BR
6:00 Wii Bowling - 2ND

Friday, August 3

9:30 Seniorcize - DR
9:30 Summit - FL
2:00 Shuffleboard Practice
3:00 Silver Derby Quarter Horse Races - MPR
6:00 42 Club - BR
6:30 Table Games - QR3

Saturday, August 4

2:00 Quarter Bingo - MPR
6:30 Table Games - QR3

	Trip
	Community event
	Vendor
	Religious
	Fitness



This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD

THIS WEEK'S SPECIALS

SUNDAY, July 29				
BREAKFAST: Bacon Oatmeal Danishes	LUNCH: BBQ Pork Ribs Chicken Fried Chicken Mashed Potatoes, Coleslaw, Baked Beans & Roll	SOUP OF THE DAY Chef's Choice	SUPPER: Trio Plate Salad (Chicken, Egg & Tuna) w/ Beets Club Sandwich w/ Chips	DESSERT: Coconut Pie
MONDAY, July 30				
BREAKFAST: Sausage Cream of Wheat Blueberry Muffins	LUNCH: Lemon Butter Tilapia Spaghetti w/ Meat Sauce Baked Sweet Potato, Broccoli & Garlic Bread	SOUP OF THE DAY Chicken Noodle	SUPPER: Chicken Lasagna w/ Bread Stick BBQ Beef Sandwich w/ Fritos	DESSERT: Marble Cake
TUESDAY, July 31				
BREAKFAST: Bacon Grits Pancakes	LUNCH: Honey Walnut Shrimp Beef Teriyaki Fried Rice, Sautéed Mushrooms, Zucchini & Egg Roll	SOUP OF THE DAY Chicken Tortilla	SUPPER: Stuffed Shells w/ Meat Sauce w/ Garlic Bread Assorted Wings basket w/ Fries	DESSERT: Birthday Cake!
WEDNESDAY, August 1				
BREAKFAST: Sausage Oatmeal French Toast	LUNCH: Spinach Ravioli Smothered Chicken Baked Potato, Macaroni & Cheese, Vegetable Medley & Roll	SOUP OF THE DAY Tomato Basil	SUPPER: Pepperoni, Supreme or Cheese Pizza Chicken, Broccoli & Rice Casserole	DESSERT: Parfait Yogurt
THURSDAY, August 2				
BREAKFAST: Bacon Grits Breakfast Burritos	LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles Roasted New Potatoes, Asparagus & Bread	SOUP OF THE DAY Cream of Potato	SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings	DESSERT: Lemon Meringue
FRIDAY, August 3				
BREAKFAST: Sausage Cream of Wheat Breakfast Jacks	LUNCH: Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	SOUP OF THE DAY Cream of Mushroom	SUPPER: Reuben Sandwich w/Chips Stuffed Baked Potato & Broccoli & Cheese	DESSERT: Pineapple Upside Down Cake
SATURDAY, August 4				
BREAKFAST: Bacon Oatmeal Cinnamon Rolls	LUNCH: Rosemary Pork Loin Swiss Steak Scalloped Potatoes, Sugar Snap Peas, Buttered Corn & Roll	SOUP OF THE DAY French Onion	SUPPER: Steak Fingers Basket w/ Gravy & Onion Rings Hot Dogs w/ Fixings & Fritos	DESSERT: Fudge Brownie