

# This Week at Mountain Creek

July 29 - August 4, 2018



## Sunday, July 29

6:00 Sunday Devotional THE



#### Monday, July 30

9:30 Seniorcize - DR 9:30 Summit - FL 10:00 FYI Clothing

2:00 Shuffleboard - 2nd

6:00 42 Club - BR

6:30 Table games-QR3

#### Tuesday, July 31

9:30 DVD Exercise - FC

9:30 Communion & Rosary - CH

11:30 Birthday Party - DR

1:30 Bridge Club - BR

2:00 Quarter Bingo - MPR

6:00 42 Club - BR

6:30 Table Games - QR3

## Wednesday, August 1

9:30 Seniorcize - DR

9:30 Kroger & Summit - FL

10:00 - Sissy's Creations - FL

1:00 Bible Study w/ Mary Ellen

2:00 Shuffleboard - 2nd

2:00 Skip-Bo - QR3

2:00 Walmart - FL

6:00 42 Club - BR

6:30 Table games - QR3

## **Thursday, August 2**

9:30 DVD Exercise - FC

10:15 Tai Chi

2:00 Legion of Mary - CH

2:00 Prize Bingo - MPR

6:00 42 Club - BR

6:00 Wii Bowling - 2ND

## Friday, August 3

9:30 Seniorcize - DR

9:30 Summit - FL

2:00 Shuffleboard Practice

3:00 Silver Derby Quarter

**Horse Races - MPR** 

6:00 42 Club - BR

6:30 Table Games - QR3

#### Saturday, August 4

2:00 Quarter Bingo - MPR 6:30 Table Games - QR3

Trip
Community event
Vendor
Religious
Fitness





HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M. ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY

ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD

THIS WEEK'S SPECIALS

	S	UNDAY, July 29		
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
Bacon	BBQ Pork Ribs	THE DAY	Trio Plate Salad (Chicken, Egg	DECCERT.
Oatmeal	Chicken Fried Chicken		& Tuna) w/ Beets	Coconut Pie
Oaumean	Chicken Fried Chicken	Cl 0 - Cl :	,	Coconut Fie
D 11	N. 1. 1D	Chef's Choice		
Danishes	Mashed Potatoes, Coleslaw,		Club Sandwich w/ Chips	
	Baked Beans & Roll			
	<u> </u>	IONDAY, July 30		
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT:
		THE DAY		DESSERT
Sausage	Lemon Butter Tilapia	I HE DAI	Chicken Lasagna w/ Bread	Marble Cake
Cream of	Spaghetti w/ Meat Sauce	C1 : 1	Stick	Maible Cake
Wheat		Chicken		
	Baked Sweet Potato,	Noodle	BBQ Beef Sandwich w/ Fritos	
Blueberry	Broccoli & Garlic Bread			
Muffins				
	Т	UESDAY, July 31		
BREAKFAST:	LUNCH:	SOUP OF	SUPPER:	DESSERT
Bacon	Honey Walnut Shrimp	THE DAY	Stuffed Shells w/ Meat Sauce	
Grits	Beef Teriyaki		w/ Garlic Bread	Birthday
Onts	Deer Terryaki	Chicken	w/ Gaine Dieau	Cake!
D 1			A . 1 W. 1 1 /	Cake:
Pancakes	Fried Rice, Sautéed	Tortilla	Assorted Wings basket w/	
	Mushrooms, Zucchini & Egg		Fries	
	Roll			
	WEI	NESDAY, Augus	et 1	
<b>BREAKFAST:</b>	LUNCH:	SOUP OF	SUPPER:	DESSERT
Sausage	Spinach Ravioli	THE DAY	Pepperoni, Supreme or Cheese	
Oatmeal	Smothered Chicken		Pizza	Parfait
S		77 . D 1		
		L Lomato Basil	L Chicken Broccoli & Rice	Yogurt
French Toast	Baked Potato Macaroni &	Tomato Basil	,	Yogurt
French Toast	Baked Potato, Macaroni &	Tomato Basil	Chicken, Broccoli & Rice Casserole	Yogurt
French Toast	Cheese, Vegetable Medley &	Tomato Basil	,	Yogurt
French Toast	Cheese, Vegetable Medley & Roll		Casserole	Yogurt
	Cheese, Vegetable Medley & Roll	URSDAY, August	Casserole 2	
BREAKFAST:	Cheese, Vegetable Medley & Roll  TH  LUNCH:	URSDAY, August SOUP OF	Casserole  2  SUPPER:	
BREAKFAST: Bacon	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops	URSDAY, August SOUP OF THE DAY	Casserole  2  SUPPER: Hamburgers w/ Fixings &	DESSERT
BREAKFAST:	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg	URSDAY, August SOUP OF THE DAY Cream of	Casserole  2  SUPPER:	DESSERT:
BREAKFAST: Bacon Grits	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles	URSDAY, August SOUP OF THE DAY	Casserole  2  SUPPER: Hamburgers w/ Fixings &	DESSERT
BREAKFAST: Bacon Grits	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles	URSDAY, August SOUP OF THE DAY Cream of	Casserole  2  SUPPER: Hamburgers w/ Fixings &	<b>DESSERT</b> Lemon
BREAKFAST: Bacon Grits	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles	URSDAY, August SOUP OF THE DAY Cream of	Casserole  2  SUPPER: Hamburgers w/ Fixings & Fries	<b>DESSERT</b> Lemon
BREAKFAST: Bacon Grits	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles	URSDAY, August SOUP OF THE DAY Cream of	Casserole  2  SUPPER: Hamburgers w/ Fixings & Fries	<b>DESSERT</b> Lemon
BREAKFAST: Bacon Grits	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread	URSDAY, August SOUP OF THE DAY Cream of Potato	Casserole  2  SUPPER: Hamburgers w/ Fixings & Fries	DESSERT:
BREAKFAST: Bacon Grits Breakfast Burritos	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  F	URSDAY, August SOUP OF THE DAY Cream of Potato	Casserole  SUPPER: Hamburgers w/ Fixings & Fries  Nacho Supreme w/ Fixings	DESSERT: Lemon Meringue
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST:	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  FI  LUNCH	URSDAY, August SOUP OF THE DAY Cream of Potato  RIDAY, August 3 SOUP OF	Casserole  SUPPER: Hamburgers w/ Fixings & Fries  Nacho Supreme w/ Fixings  SUPPER:	DESSERT: Lemon Meringue
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST: Sausage	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Find LUNCH Fried or Baked Catfish	URSDAY, August SOUP OF THE DAY Cream of Potato	Casserole  SUPPER: Hamburgers w/ Fixings & Fries  Nacho Supreme w/ Fixings	DESSERT: Lemon Meringue  DESSERT:
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST: Sausage Cream of	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  FI  LUNCH	URSDAY, August SOUP OF THE DAY Cream of Potato  RIDAY, August 3 SOUP OF	Casserole  SUPPER: Hamburgers w/ Fixings & Fries  Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips	DESSERT: Lemon Meringue
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST: Sausage	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie	URSDAY, August SOUP OF THE DAY Cream of Potato  RIDAY, August 3 SOUP OF	Casserole  SUPPER: Hamburgers w/ Fixings & Fries  Nacho Supreme w/ Fixings  SUPPER:	DESSERT: Lemon Meringue  DESSERT:
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST: Sausage Cream of	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans	Cream of THE DAY Cream of Potato  RIDAY, August 3  SOUP OF THE DAY  Cream of	Casserole  SUPPER: Hamburgers w/ Fixings & Fries  Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips	DESSERT:  Lemon Meringue  DESSERT:  Pineapple Upside
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST: Sausage Cream of Wheat	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies	Cream of THE DAY Cream of Potato  RIDAY, August 3  SOUP OF THE DAY  Cream of	Casserole  SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips  Stuffed Baked Potato &	DESSERT:  Lemon Meringue  DESSERT:  Pineapple Upside
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST: Sausage Cream of	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans	Cream of THE DAY Cream of Potato  RIDAY, August 3  SOUP OF THE DAY  Cream of	Casserole  SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips  Stuffed Baked Potato &	DESSERT:  Lemon Meringue  DESSERT:  Pineapple Upside
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST: Sausage Cream of Wheat	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	URSDAY, August SOUP OF THE DAY Cream of Potato  RIDAY, August 3 SOUP OF THE DAY  Cream of Mushroom	SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips  Stuffed Baked Potato & Broccoli & Cheese	DESSERT:  Lemon Meringue  DESSERT:  Pineapple Upside
BREAKFAST: Bacon Grits Breakfast Burritos  BREAKFAST: Sausage Cream of Wheat  Breakfast Jacks	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	Cream of Mushroom  URSDAY, August SOUP OF THE DAY  Cream of Potato	SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips Stuffed Baked Potato & Broccoli & Cheese	DESSERT  Lemon Meringue  DESSERT  Pineapple Upside Down Cake
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST: Sausage Cream of Wheat Breakfast Jacks BREAKFAST:	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread  SAT  LUNCH:	URSDAY, August SOUP OF THE DAY Cream of Potato  RIDAY, August 3 SOUP OF THE DAY Cream of Mushroom  TURDAY, August SOUP OF	SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips Stuffed Baked Potato & Broccoli & Cheese	DESSERT  Lemon Meringue  DESSERT  Pineapple Upside Down Cake
BREAKFAST: Bacon Grits Breakfast Burritos  BREAKFAST: Sausage Cream of Wheat Breakfast Jacks	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread  SAT  LUNCH: Rosemary Pork Loin	Cream of Mushroom  URSDAY, August SOUP OF THE DAY  Cream of Potato	SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips Stuffed Baked Potato & Broccoli & Cheese  4  SUPPER: Steak Fingers Basket w/ Gravy	DESSERT  Lemon Meringue  DESSERT  Pineapple Upside Down Cake
BREAKFAST: Bacon Grits Breakfast Burritos  BREAKFAST: Sausage Cream of Wheat Breakfast Jacks  BREAKFAST: Bacon	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread  SAT  LUNCH:	Cream of Mushroom  TURDAY, August 3  SOUP OF THE DAY  Cream of Mushroom	SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips Stuffed Baked Potato & Broccoli & Cheese	DESSERT:  Lemon Meringue  DESSERT:  Pineapple Upside Down Cake
BREAKFAST: Bacon Grits Breakfast Burritos BREAKFAST: Sausage Cream of Wheat Breakfast Jacks	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread  SAT  LUNCH: Rosemary Pork Loin Swiss Steak	URSDAY, August SOUP OF THE DAY Cream of Potato  RIDAY, August 3 SOUP OF THE DAY Cream of Mushroom  TURDAY, August SOUP OF	SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips Stuffed Baked Potato & Broccoli & Cheese  4 SUPPER: Steak Fingers Basket w/ Gravy & Onion Rings	DESSERT:  Lemon Meringue  DESSERT:  Pineapple Upside Down Cake
BREAKFAST: Bacon Grits Breakfast Burritos  BREAKFAST: Sausage Cream of Wheat Breakfast Jacks  BREAKFAST: Bacon	Cheese, Vegetable Medley & Roll  TH  LUNCH: Fried Pork Chops Beef Stroganoff over Egg Noodles  Roasted New Potatoes, Asparagus & Bread  Fi  LUNCH Fried or Baked Catfish Chicken Pot Pie Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread  SAT  LUNCH: Rosemary Pork Loin Swiss Steak  Scalloped Potatoes, Sugar	Cream of Mushroom  TURDAY, August 3  SOUP OF THE DAY  Cream of Mushroom	SUPPER: Hamburgers w/ Fixings & Fries Nacho Supreme w/ Fixings  SUPPER: Reuben Sandwich w/Chips Stuffed Baked Potato & Broccoli & Cheese  4  SUPPER: Steak Fingers Basket w/ Gravy	DESSERT:  Lemon Meringue  DESSERT:  Pineapple Upside Down Cake
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