

# This Week at Mountain Creek!

July 22 - 28, 2018

## Sunday, July 22

6:00 Sunday Devotional THE



## Monday, July 23

9:30 Seniorcize - DR

9:30 Summit - FL

10 - 3 Massage Therapy - QR3

2:00 Shuffleboard - 2nd

6:00 42 Club - BR

6:30 Table games-QR3

## Tuesday, July 24

9:30 DVD Exercise - FC

9:30 Communion & Rosary - CH

10:00 Rescare Healthcare Talk

1:30 Bridge Club - BR

2:00 Quarter Bingo - MPR

4:30 Tuscany Pasta & Pizza

6:00 42 Club - BR

6:30 Table Games - QR3

## Wednesday, July 25

9:30 Seniorcize - DR

9:30 Kroger & Summit - FL

1:00 Bible Study w/ Mary Ellen

2:00 Shuffleboard - 2nd

2:00 Skip-Bo - QR3

2:00 Walmart - FL

3:00 Social Hour  
w/ Paul Anderson - FL

6:00 42 Club - BR

6:30 Table games - QR3

## Thursday, July 26

9:30 DVD Exercise - FC

10:15 Tai Chi

2:00 Legion of Mary - CH

2:00 Prize Bingo - MPR

6:00 42 Club - BR

6:00 Wii Bowling - 2ND

6:30 Table Games - QR3

## Friday, July 27

9:30 Seniorcize - DR

9:30 Summit - FL

10:00 Helena Paparazzi - FL

2:00 Shuffleboard Practice

6:00 42 Club - BR

6:30 Table Games - QR3

## Saturday, July 28

2:00 Bingo - cancelled

6:30 Table Games - QR3

	Trip
	Community event
	Vendor
	Religious
	Fitness

HAPPY  
BIRTHDAY

**Pat Ray** 7/24  
**Rose Bonanno** 7/25  
**Bea Yarbrough** 7/25

# This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY**

**ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD**

## THIS WEEK'S SPECIALS

SUNDAY, July 22				
<b>BREAKFAST:</b> Bacon Oatmeal Danishes	<b>LUNCH:</b> Beef Brisket BBQ Chicken  Potato Salad, Baked Beans, Coleslaw & Roll	<b>SOUP OF THE DAY</b>  Chef's Choice	<b>SUPPER:</b> BLT Sandwich w/ Potato Chips  Nacho Supreme w/ Fixings	<b>DESSERT:</b>  Red Velvet Cake
MONDAY, July 23				
<b>BREAKFAST:</b> Sausage Cream of Wheat Blueberry Muffins	<b>LUNCH:</b> Pineapple Glazed Ham Bacon Wrapped Steak  Scalloped Potatoes, Asparagus, Beets & Bread	<b>SOUP OF THE DAY</b>  Creamy Cauliflower	<b>SUPPER:</b> Chicken Tenders Basket w/ Fries  Grilled Cheese w/ Fried Green Beans	<b>DESSERT:</b>  Hello Dollies
TUESDAY, July 24				
<b>BREAKFAST:</b> Bacon Grits Biscuits & Sausage Gravy	<b>LUNCH:</b> Parmesan Chicken Deep Fry Shrimp  Rosemary Roasted Potatoes, Lemon Butter Green Beans, Roasted Carrots & Roll	<b>SOUP OF THE DAY</b>  Beef & Potatoes	<b>SUPPER:</b> Turkey Wrap w/ Cup of Fresh Fruit  Pizza Casserole w/ Broccoli	<b>DESSERT:</b>  Peach Crisp
WEDNESDAY, July 25				
<b>BREAKFAST:</b> Sausage Oatmeal French Toast	<b>LUNCH:</b> Chicken Fried Steak Pork Chops  Mashed Potatoes & Gravy, Black Eyed Peas, Okra & Tomatoes & Cornbread	<b>SOUP OF THE DAY</b> Broccoli & Cheese	<b>SUPPER:</b> Beef Tamales w/ Cheese Sauce & Charro Beans  Cold Ham & Cheese Sandwich w/ Chips	<b>DESSERT:</b>  Blueberry Cheesecake
THURSDAY, July 26				
<b>BREAKFAST:</b> Bacon Grits Breakfast Burritos	<b>LUNCH:</b> Brown Sugar Glazed Pork Loin Beef Fajitas  Rice Pilaf, Mexicorn, Sautéed Spinach & Bread	<b>SOUP OF THE DAY</b> Vegetable & Barley	<b>SUPPER:</b> French Deep Sandwich w/ Deep Fried Onion Rings  Popcorn Shrimp Basket w/ Coleslaw & Fries	<b>DESSERT:</b>  Banana Split
FRIDAY, July 27				
<b>BREAKFAST:</b> Sausage Cream of Wheat Breakfast Jacks	<b>LUNCH</b> Fried or Baked Catfish Cornflakes Baked Chicken  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<b>SOUP OF THE DAY</b>  Cowboy	<b>SUPPER:</b> Corn Dogs w/ Chips  Hawaiian Chicken w/ Vegetables & Fried Rice	<b>DESSERT:</b>  Sopapilla w/ Honey
SATURDAY, July 28				
<b>BREAKFAST:</b> Bacon  Oatmeal  Pancakes	<b>LUNCH:</b> Pepper Steak over Steamed Rice Stuffed Chicken  Sweet potato Casserole, Yellow Squash, Sweet Peas & Bavarian Bread	<b>SOUP OF THE DAY</b>  Split Pea & Ham	<b>SUPPER:</b> Meatball Hero w/ Sweet Potato Fries  Beef Pot Pie w/ Biscuit	<b>DESSERT:</b>  Apple pie