

# This Week at Mountain Creek!

July 1 - 7, 2018

## Sunday, July 1

6:00 Sunday Devotional THE



## Monday, July 2

9:30 Seniorcize - DR

9:30 Summit - FL

1:30 - 3:30 Staff Training - MPR & QR3 - **Bingo Cancelled**

2:00 Shuffleboard - 2nd

6:00 42 Club - BR

6:30 Table games-QR3

## Tuesday, July 3

9:30 DVD Exercise - FC

9:30 Communion & Rosary - CH

1:30 Bridge Club - BR

2:00 Quarter Bingo - MPR

3:00 Patriotic Sing-a-long - FL

6:00 42 Club - BR

6:30 Table Games - QR3

## Wednesday, July 4

9:30 Seniorcize - DR

9:30 Kroger & Summit - FL

1:00 Bible Study w/ Mary Ellen

2:00 Shuffleboard - 2nd

2:00 Skip-Bo - QR3

2:00 Walmart - FL

6:00 42 Club - BR

6:30 Table games - QR3

**ADMIN OFFICES CLOSED**

## Thursday, July 5

9:30 DVD Exercise - FC

10:15 Tai Chi

2:00 Legion of Mary - CH

2:00 Prize Bingo - MPR

6:00 42 Club - BR

6:00 Wii Bowling - 2ND

6:30 Table Games - QR3

## Friday, July 6

9:30 Seniorcize - DR

9:30 Summit - FL

2:00 Shuffleboard Practice

7:00 FTW Symphonic Band Concert in the Dining Room

6:00 42 Club - BR

6:30 Table Games - QR3

## Saturday, July 7

2:00 Quarter Bingo - MPR

6:30 Table Games - QR3

	Trip
	Community event
	Vendor
	Religious
	Fitness

**Jeanne Schultz**

**07/01**

**Marilyn Doherty**

**07/02**



# This Week's Menu

HOURS DAILY: 7:30 - 9:00 A.M., 11:30 A.M. - 2:00 P.M., & 4:00 - 6:00 P.M.

**ALWAYS AVAILABLE AT BREAKFAST: COLD CEREAL OF CHOICE, OMELETS, EGGS TO ORDER, HASHBROWNS & GRAVY**

**ALWAYS AVAILABLE AT LUNCH AND SUPPER: ALL YOU CAN EAT SOUP AND SALAD**  
**THIS WEEK'S SPECIALS**

## SUNDAY, July 1

<b>BREAKFAST:</b> Bacon  Oatmeal Pancakes	<b>LUNCH:</b> Rosemary Pork Loin Chicken Fried Chicken Mashed Potatoes & Gravy, Green Beans, Carrots & Roll	<b>SOUP OF THE DAY</b> Vegetable Beef	<b>SUPPER:</b> Deli Plate (Ham, Turkey & Cheese) w/ Cup of Fresh Fruit  Hamburgers w/ Fixings & Fries	<b>DESSERT:</b> Coconut Pie
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## MONDAY, July 2

<b>BREAKFAST:</b> Sausage Cream of Wheat Blueberry Muffins	<b>LUNCH:</b> Herbed Baked Chicken Chicken Spaghetti Roasted New Potatoes, Sautéed Spinach, Buttered Corn & Garlic Bread	<b>SOUP OF THE DAY</b> Cream of Broccoli	<b>SUPPER:</b> Chicken Strips Basket w/ Gravy & Fried Okra  Beef & Vegetables Stir Fry w/ Fried Rice	<b>DESSERT:</b> Chocolate Cake
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## TUESDAY, July 3

<b>BREAKFAST:</b> Bacon Grits Biscuits & Sausage Gravy	<b>LUNCH:</b> Chicken Fried Steak  Salmon w/ Dill Sauce, Mashed Potatoes w/ Gravy, Black Eyed Peas, Corn on the Cob & Roll	<b>SOUP OF THE DAY</b> Chicken Tortilla	<b>SUPPER:</b> Sloppy Joes w/ Deep Fried Onion Rings  Mexican Chicken Casserole w/ Green Peas & Bread	<b>DESSERT:</b> Bread Pudding w/ Lemon Sauce
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## WEDNESDAY, July 4

<b>BREAKFAST:</b> Sausage Oatmeal French Toast	<b>LUNCH:</b> Buffet: Pork Ribs BBQ Chicken, Potato Salad, Coleslaw, Baked Beans & Roll	<b>SOUP OF THE DAY</b> Vegetable	<b>SUPPER:</b> Patty Melt w/ Fried Green Beans  Soft Beef Tacos w/ fixings & Salsa & Sour Cream	<b>DESSERT:</b> Assorted Desserts
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## THURSDAY, July 5

<b>BREAKFAST:</b> Bacon Grits Breakfast Burritos	<b>LUNCH:</b> Meatloaf  Crab Cakes Baked Potato w/ Fixings, Vegetable Medley, Cauliflower & Bread	<b>SOUP OF THE DAY</b> Navy Bean & Ham	<b>SUPPER:</b> Pancakes w/ Toppings & Sausage Turkey & Cheese Sandwich w/ Lettuce & Tomatoes w/ Chips	<b>DESSERT:</b> Banana Split
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## FRIDAY, July 6

<b>BREAKFAST:</b> Sausage Cream of Wheat Breakfast Jacks	<b>LUNCH:</b> Fried or Baked Catfish or Taco Salad  Fried Potatoes, Pinto Beans Turnip Greens, Hushpuppies & Cornbread	<b>SOUP OF THE DAY</b> Lentil	<b>SUPPER:</b> Chicken Salad on Croissant Sandwich w/ Fritos  Chili Bowl w/ Fixings & Cornbread Muffins	<b>DESSERT:</b> Hawaiian Cake
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## SATURDAY, July 7

<b>BREAKFAST:</b> Bacon  Oatmeal Cinnamon Rolls	<b>LUNCH:</b> Spaghetti w/ Meat Sauce  Pepperoni, Supreme & Cheese Pizza, Baked Sweet Potato, Broccoli, Green Peas & Bread Stick	<b>SOUP OF THE DAY</b> Tomato Basil	<b>SUPPER:</b> Chicken Biscuit w/ Green Beans  Philly Cheesesteak Sandwich w/ Fries	<b>DESSERT:</b> Cookies
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